



February 2010

Start the day with a healthy Breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Sausage & Egg Muffin Cinnamon Roll Mandarin Oranges Milk Selection	2 French Toast Sticks w/ Sausage & Syrup Sausage & Cheese Burrito Fresh Apple Milk Selection	3 Sausage & Cheese Biscuit Tony's Breakfast Pizza Pineapple Chunks Milk Selection	4 Pancakes w/ Syrup Sausage Patty Cinnamon Roll Diced Peaches Milk Selection	5 Ham & Cheese Muffin* Egg & Cheese Bagel Mixed Fruit Cup Milk Selection	More Info... * Entrée contains pork or pork products. Breakfast Prices: Paid: \$1.75 Reduced: \$.30 Free: No Pay Did you know If you receive free or reduced lunch, you also receive free or reduced breakfast. Available Daily Assorted Cereal Cereal Bars Fresh Fruit Juice Selection
8 Egg & Cheese Muffin French Toast Sticks w/ Ham Slice* & Syrup Fresh Apple Milk Selection	9 Ham & Egg Bagel* Cheese Omelet w/ Biscuit Mandarin Oranges Milk Selection	10 Sausage & Cheese Biscuit Tony's Breakfast Pizza Diced Pears Milk Selection	11 Egg & Cheese Burrito Ham & Cheese Muffin* Mixed Fruit Cup Milk Selection	12 No School School Improvement Day	
15 No School Presidents Day	16 Ham & Egg Biscuit* French Toast Sticks w/ Sausage Patty & Syrup Pineapple Chunks Milk Selection	17 Sausage & Egg Muffin Ham & Egg Burrito* Mandarin Oranges Milk Selection	18 Egg & Cheese Bagel Cinnamon Roll Diced Peaches Milk Selection	19 Tony's Breakfast Pizza Pancakes w/ Syrup Ham Slice* Diced Pears Milk Selection	
22 Cheese Omelet w/ Biscuit Sausage & Cheese Muffin Mixed Fruit Cup Milk Selection	23 Tony's Breakfast Pizza Ham & Egg Biscuit* Fresh Orange Milk Selection	24 Sausage & Cheese Burrito Egg & Cheese Bagel Pineapple Chunks Milk Selection	25 Sausage & Egg Muffin Cinnamon Roll Diced Peaches Milk Selection	26 Ham & Cheese Biscuit* Pancakes w/ Syrup & Ham Slice* Mandarin Oranges Milk Selection	
1 French Toast Sticks w/ Ham Slice* & Syrup Ham & Cheese Muffin* Diced Pears Milk Selection	2 Egg & Cheese Burrito Cinnamon Roll Mixed Fruit Cup Milk Selection	3 Sausage & Egg Biscuit Cheese Omelet w/ Biscuit Diced Peaches Milk Selection	4 Tony's Breakfast Pizza Pancakes w/ Syrup & Ham Slice* Fresh Apple Milk Selection	5 Egg & Cheese Bagel Sausage & Cheese Biscuit Pineapple Chunks Milk Selection	

Questions, Comments or concerns? Call the Aramark Office at 815-547-4063

Belvidere High School Breakfast Menu



Special News...

Fruit of the Month: Cherries
Vegetable of the Month: Spinach

Menus are subject to change without notice.

