



# February 2010

## Little Food, Big Flavors

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

<b>1</b> Turkey Tetrazzini Baked Potato Bar Broccoli Cuts Pineapple Chunks Milk Selection	<b>2</b> Spaghetti & Meatballs Chicken Alfredo Pizza Green Beans Mandarin Oranges Milk Selection	<b>3</b> BBQ Chicken Diced Pork & Gravy* Mashed Potatoes Mixed Fruit Cup Milk Selection	<b>4</b> Chicken Soft Tacos Beef Enchiladas Golden Corn Mixed Fruit Milk Selection	<b>5</b> Fish Sandwich Chicken Parmesan Stromboli Mixed Vegetables Diced Pears Milk Selection
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‘Souper’ Bowl Week- Enjoy soup and sandwich combos

<b>8</b> Chicken Noodle Bowl Diced Pork & Gravy* Mashed Potatoes Mandarin Oranges Milk Selection	<b>9</b> Macaroni & Beef Bake Hawaiian Pizza* Peas & Carrots Fresh Apple Milk Selection	<b>10</b> BBQ Chicken Philly Cheese steak Oven Potatoes Mixed Fruit Cup Milk Selection	<b>11</b> Chicken Soft Tacos Beef & Bean Burrito Green Beans Diced Peaches Milk Selection	<b>12</b> School Improvement Day 
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<b>15</b>  Presidents Day	<b>16</b> Italian Chicken Sandwich Meat Lover's Pizza Side Salad Mandarin Oranges Milk Selection	<b>17</b> Chicken Teriyaki Meatloaf w/ Gravy Augratin Potatoes Pineapple Chunks Milk Selection	<b>18</b> Breaded Chicken Beef Quesadilla Carrot Coins Diced Pears Milk Selection	<b>19</b> Sausage Stromboli Caribbean Sloppy Joe Broccoli Cuts Diced Peaches Milk Selection
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<b>22</b> BBQ Chicken Sliders Italian Meatball Sub Oven Fries Fruited Jello Milk Selection	<b>23</b> Honey Mustard & Ham Slider with Apple* Buffalo Chicken Pizza Peas & Carrots Diced Peaches Milk Selection	<b>24</b> BBQ Pork Sliders* Jerk Chicken Mixed Vegetables Pineapple Chunks Milk Selection	<b>25</b> Chicken Quesadilla Beef Soft Tacos Mini Corn Cobbette Diced Pears Milk Selection	<b>26</b> Chicken Sticks Hawaiian Stromboli* Steamed Broccoli Mixed Fruit Cup Milk Selection
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**FUEL 'Little Food, Big Flavors'**  
Enjoy appetizer inspired meal options!

<b>1</b> Chicken & Noodles Buffalo Chicken Sandwich Mashed Potatoes Rosy Applesauce Milk Selection	<b>2</b> Chicken Parmesan Sandwich Cheeseburger Pizza Green Beans Diced Peaches Milk Selection	<b>3</b> <u>NEW MENU ITEM</u> Breaded Chicken <b>BBQ Beef Sandwich</b> Oven Fries Mandarin Oranges Milk Selection	<b>4</b> Poppin Chicken Burrito Chicken Soft Tacos Chuckwagon Corn Fresh Apple Milk Selection	<b>5</b> BBQ Rib Sandwich* Meatloaf w/ Gravy Broccoli Cuts Mixed Fruit Milk Selection
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**More Info...**

Lunch Prices  
Full Pay: \$2.25  
Reduced: \$.40  
Free: No Pay

Always Available:  
Pizza Bar  
Deli Bar  
Pasta Bar  
Deli Express  
Fresh Fruit  
Fruit Juice

**Ask your cafeteria manager for other daily specials!!**

\*Entrée contains pork or pork products

**Questions, Comments or Concerns? Please Call the Aramark Office at 815-547-4063**

### Belvidere High School Lunch Menu



#### Special News...

**If you receive free or reduced price lunch, you also receive free or reduced price breakfast. Take advantage of this opportunity to get your day headed in the right direction. Ask your cafeteria manager what time breakfast is served!**

Menus are subject to change without notice.

