



April 2008



World Habitat Awareness Month

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
	1	BBQ Rib Patty Grilled Cheese Sandwich Pears Milk Selection	2	Sloppy Joe on a Bun Nacho Grande Golden Corn Peaches Milk Selection	3	BBQ Chicken Turkey & Gravy Whipped Potatoes Mixed Fruit Milk Selection	4	Chicken Tacos Hot Ham & Cheese Green Peas Applesauce Milk Selection	Special News... District Wellnes Policy Guidelines Calories from fat = or < 35% excluding nuts/seeds/nut butter. Calories from saturated fat must be = or <10% per serving Total Sugar = or < 35% by weight Extra entrees will not be served on a daily basis. Ala carte food items will be offered once per week. Portion size on ala carte items will not exceed 200 calories. Menus are subject to change without notice.		
7		French Toast Sticks W/ Sausage BBQ Pork Carrot Coins Applesauce Milk Selection	8	Lasagna Baked Chicken Whipped Potatoes Green Beans Pears Milk Selection	9	Spaghetti W/ Meat Sauce Meatball Sub Golden Corn Apple Slice Milk Selection	10	Soft Shell Tacos Chicken Burger Spanish Rice Peaches Milk Selection		11	Tuna W/ Noodles BBQ Rib Patty Mixed Vegetables Pears Milk Selection
14		Italian Dunkers W/ Sauce Corn Dog Corn Pineapple Milk Selection	15	Beef Stroganoff Grilled Cheese Mixed Vegetable Mixed Fruit Milk Selection	16	Chicken Fajitas Pork & Gravy Whipped Potatoes Applesauce Milk Selection	17	Nacho's Grande BBQ Baked Chicken Green Peas Pears Milk Selection		18	Chicken Tacos Vegetable Lasagna Green Beans Peaches Milk Selection
21		Pork Tacos Chicken Fajitas Oven Fries Pears Milk Selection	22	Nacho Grande Grilled Cheese Spanish Rice Mixed Fruit Milk Selection	23	Turkey & Gravy Sloppy Joe Whipped Potatoes Apple Slice Milk Selection	24	Soft Shell Tacos Mac & Cheese Green Peas Peaches Milk Selection		25	Chicken Patty Tuna W/ Noodles Mixed Vegetable Applesauce Milk Selection
28		French Toast Sticks W/ Sausage Hot Ham & Cheese Green Beans Apple Slices Milk Selection	29	Chicken Fajitas BBQ Pork Golden Corn Peaches Milk Selection	30	Soft Shell Tacos Mac & Cheese Green Peas Peaches Milk Selection	MORE INFO: Eat different foods each day to be sure your body is getting the mix of nutrients it needs. Take the challenge to try one new food everyday. Your taste buds will thank you.				

Middle School Lunch Menu

