

CMS PHYSICAL EDUCATION COOPERATIVE RUBRIC

COOPERATIVE RESPONSIBILITY STANDARDS	EXCEEDING (LEVEL 4)	MEETING (LEVEL 3)	APPROACHING (LEVEL 2)	EMERGING (LEVEL 1)
<p>Personal Responsibility:</p> <p>A. Follow directions and decisions of responsible individuals <i>21.A.3a</i> (2 pts)</p> <p>B. Remain on task independent of distraction <i>21.A.3c</i> (2 pts)</p> <p>C. Apply safety procedures in physical activities <i>19.C.3a</i> (2 pts)</p>	Perform personal responsibilities beyond teacher guidance	Perform personal responsibilities without teacher guidance	Perform personal responsibilities with little teacher guidance	Partial demonstration with teacher guidance
<p>Cooperative Skills:</p> <p>D. Work cooperatively with others to accomplish a set goal in both competitive and noncompetitive situations <i>21.B.3a</i> (2pts)</p>	Perform cooperative skills beyond teacher guidance	Perform cooperative skills without teacher guidance	Perform cooperative skills with little teacher guidance	Partial demonstration with teacher guidance
<p>Moderate to Vigorous Physical Activity (MVPA):</p> <p>E. Participates in identified Heart Rate Zone <i>19.A.3b</i> (2 pts)</p> <ul style="list-style-type: none"> ○ Moderate → Heart Rate Raised ○ Vigorous → Hard to Breathe 	Able to maintain mvpa beyond teacher guidance	Able to maintain mvpa without teacher guidance	Able to maintain mvpa with little teacher guidance	Partial demonstration of ability with teacher guidance
Daily Participation Points	10	9-6	5-3	2-0